



# January 2018 - Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2 style="margin: 0;">Grades 6-8 Lunch</h2> <p style="text-align: center; font-size: small;">MENUS ARE SUBJECT TO CHANGE</p>				
<b>1-1</b>  <h3 style="color: red;">New Years Day!</h3>	<b>1-2</b>  <ul style="list-style-type: none"> <li>★★ Cheesy Mac - <b>V</b></li> <li>★ Sidewinder Fries</li> <li>★ Petite Baby Carrots</li> <li>★ Fruit - <b>S</b></li> <li>★ Got Milk</li> </ul>	<b>1-3</b>  <ul style="list-style-type: none"> <li>★★ Zesty Beef Chalupa</li> <li>★ Fresh Garden Salad</li> <li>★ Tangy Salsa Cup</li> <li>★ Fruit</li> <li>★ Got Milk</li> </ul>	<b>1-4</b>  <ul style="list-style-type: none"> <li>★★ Salisbury Steak &amp; Mashed Potatoes</li> <li>★ Southern Buttermilk Biscuit - <b>S</b></li> <li>★ Veggie Medley</li> <li>★ Frozen Juice Cup</li> <li>★ Got Milk</li> </ul>	<b>1-5</b>  <ul style="list-style-type: none"> <li>★★ Café LA Burger</li> <li>★★ Roasted Potato Wedges</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit - <b>S</b></li> <li>★ Got Milk</li> </ul>
<b>1-8</b>  <ul style="list-style-type: none"> <li>★ 3 - Cheese Calzone - <b>V</b></li> <li>★★ Toasted Cheese Sandwich - <b>V</b></li> <li>★★ Premium Granola and Yogurt - <b>V</b></li> <li>★ Sidewinder Fries</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit - <b>S</b></li> <li>★ Got Milk</li> </ul>	<b>1-9</b>  <ul style="list-style-type: none"> <li>★★ Mesquite BBQ Pork Sandwich</li> <li>★★ Deli Deli Turkey &amp; Cheese Sandwich</li> <li>★★ Italian Chopped Salad</li> <li>★ Artisan Roll - <b>S</b></li> <li>★ Mini Potato Tots or</li> <li>★ Golden Hash Brown Patties</li> <li>★ Veggie Medley</li> <li>★ Fruit Cup</li> <li>★ Got Milk</li> </ul>	<b>1-10</b>  <ul style="list-style-type: none"> <li>★★ Baja Fish Tacos</li> <li>★★ Yellow Submarine Sandwich</li> <li>★★ Mexicali Salad - <b>V</b></li> <li>★ Crunchy Tortilla Chips - <b>S</b></li> <li>★ Fiesta Pinto Beans or Campfire Baked Beans</li> <li>★ Tangy Salsa</li> <li>★ Fruit Cup</li> <li>★ Got Milk</li> </ul>	<b>1-11</b>  <ul style="list-style-type: none"> <li>★★ Café LA Burger or Café LA Cheeseburger</li> <li>★★ Pastrami &amp; Cheese Croissant</li> <li>★★ Chicken Caesar &amp; Cheesy Bread</li> <li>★ Roasted Potato Wedges</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Frozen Juice Cup</li> <li>★ Got Milk</li> </ul> <div style="text-align: right; font-size: x-small;"> </div>	<b>1-12</b>  <ul style="list-style-type: none"> <li>★ Chicken Tenders</li> <li>★ Southern Buttermilk Biscuit</li> <li>★★ Classic Tuna Sandwich</li> <li>★★ Shanghai Chinese Chicken Salad</li> <li>★ Artisan Roll - <b>S</b></li> <li>★ Sweet Corn</li> <li>★ Fresh Garden Salad</li> <li>★ Fruit - <b>S</b></li> <li>★ Got Milk</li> </ul>
<b>1-15</b>  <h3 style="color: red;">Dr. Martin L. King, Jr's Birthday Holiday!</h3>	<b>1-16</b>  <ul style="list-style-type: none"> <li>★★ Garlicky Cheese Bread</li> <li>★ Turkey &amp; Cheese Melt</li> <li>★★ Premium Granola and Yogurt - <b>V</b></li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Marinara Sauce Cup</li> <li>★ Fruit - <b>S</b></li> <li>★ Got Milk</li> </ul>	<b>1-17</b>  <ul style="list-style-type: none"> <li>★ Taco Bean Dip</li> <li>★ Crunchy Tortilla Chips - <b>S</b></li> <li>★★ Yellow Submarine Sandwich</li> <li>★★ Mexicali Salad - <b>V</b></li> <li>★ Veggie Medley</li> <li>★ Tangy Salsa Cup</li> <li>★ Fruit - <b>S</b></li> <li>★ Got Milk</li> </ul>	<b>1-18</b>  <ul style="list-style-type: none"> <li>★ Oven Fried Chicken Drumstick</li> <li>★ Southern Buttermilk Biscuit</li> <li>★★ Pastrami &amp; Cheese Croissant</li> <li>★★ Chicken Caesar &amp; Cheesy Bread</li> <li>★ Sidewinder Fries</li> <li>★ Fresh Garden Salad</li> <li>★ Frozen Juice Cup</li> <li>★ Got Milk</li> </ul>	<b>1-19</b>  <ul style="list-style-type: none"> <li>★★ Manager's Choice</li> <li>★★ Classic Tuna Sandwich</li> <li>★★ Shanghai Chinese Chicken Salad</li> <li>★ Artisan Roll - <b>S</b></li> <li>★ Roasted Potato Wedges</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit Cup</li> <li>★ Got Milk</li> </ul>



# January 2018 - Menu

**MONDAY**

**TUESDAY**

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**THURSDAY**

**FRIDAY**

## Grades 6-8 Lunch

*MENUS ARE SUBJECT TO CHANGE*

1-22

- ★ Vegan Chili - **V**
- ★★ Toasted Cheese Sandwich - **V**
- ★★ Premium Granola and Yogurt - **V**
- ★ Crunchy Tortilla Chips - **S**
- ★ Sidewinder Fries
- ★ Petite Baby Carrots - **S**
- ★ Fruit - **S**
- ★ Got Milk

1-23

- ★★ All Star Turkey Hot Dogs or
- ★★ Mini Double Dogs
- ★★ Turkey & Cheese Melt
- ★★ Italian Chopped Salad
- ★ Artisan Roll - **S**
- ★ Fiesta Pinto Beans or Campfire Baked Beans
- ★ Sweet Corn
- ★ Fruit
- ★ Got Milk

1-24

- ★ Oven Fried Chicken Drumstick
- ★ Southern Buttermilk Biscuit
- ★★ Yellow Submarine Sandwich
- ★★ Mexicali Salad - **V**
- ★ Crunchy Tortilla Chips - **S**
- ★ Petite Baby Carrots - **S**
- ★ Fresh Garden Salad
- ★ Fruit ★ Got Milk

1-25

- ★★ Teriyaki Beef Dipper Rice Bowl
- ★★ Pastrami & Cheese Croissant
- ★★ Chicken Caesar & Cheesy Bread
- ★ Broccoli Buds
- ★ Veggie Medley
- ★ Frozen Juice Slush
- ★ Got Milk

1-26

- ★★ Café LA Burger or Café LA Cheeseburger
- ★★ Classic Tuna Sandwich
- ★★ Shanghai Chinese Chicken Salad
- ★ Artisan Roll - **S**
- ★ Roasted Potato Wedges
- ★ Petite Baby Carrots - **S**
- ★ Fruit - **S**
- ★ Got Milk

1-29

- ★★ Cheesy Mac - **V**
- ★★ Toasted Cheese Sandwich - **V**
- ★★ Premium Granola and Yogurt - **V**
- ★ Sidewinder Fries
- ★ Petite Baby Carrots
- ★ Fruit - **S**
- ★ Got Milk

1-30

- ★★ Smokin' BBQ Rib Sandwich
- ★★ Turkey & Cheese Melt
- ★★ Italian Chopped Salad
- ★ Artisan Roll - **S**
- ★ Mini Potato Tots or
- ★ Golden Hash Brown Patties
- ★ Fiesta Pinto Beans or Campfire Baked Beans
- ★ Fruit
- ★ Got Milk

1-31

- ★★ Zesty Beef Chalupa and Rice
- ★★ Yellow Submarine Sandwich
- ★★ Mexicali Salad - **V**
- ★ Crunchy Tortilla Chips - **S**
- ★ Fresh Garden Salad
- ★ Tangy Salsa Cup
- ★ Fruit Cup
- ★ Got Milk

☞ All of the Grain/Bread items served are whole grain.  
 Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat  
 ★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit or vegetable  
**S**: Items with an **(S)** can be saved for later  
**V**: Vegetarian items  
 \*\*Farm Fresh Fruits: Apple, Orange, Banana